

Useful Safeguarding Telephone Numbers

Service	Telephone Number
National Domestic Violence free phone 24hr helpline	08082 000247
Waveney - Haven Women's Aid Project	08454 674876
Bury St Edmunds Women's Refuge	01284 753085
The Ferns - sexual assault referral centre. One stop location offering medical care and emotional support to any victim of sexual assault and rape	0300 1235058
Domestic Abuse Outreach Service – crisis and intensive support, advice and information - Freephone	0800 9775690
Men's Advice Line	0808 8010327
Broken Rainbow LGBT helpline	0300 9995428
Karma Nirvana - 'Honour' Based Violence, Forced Marriage, Female Genital Mutilation (FGM)	0800 5999247
NSPCC - New Free FGM 24hr advice and support	0800 0283550
Victim Support	0845 3899548
Samaritans	0845 7909090
Rights of Women - Free Legal Advice Line	0207 2516577
Childline 24-hour service for children	0800 1111
Police	101 or 999 in an emergency